

School District No. 41 (Burnaby)
HUMAN RESOURCES DEPARTMENT
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MEDICAL CERTIFICATE FOR *EXTENDED* MEDICAL LEAVE

TO THE PHYSICIAN: _____ (employee name)

has been asked to provide a medical certificate explaining the reasons for the extended medical leave from

_____ (date) to _____ (date)

If a return date is yet to be identified, please state the re-assessment date.

EMPLOYEE'S AUTHORIZATION FOR RELEASE OF INFORMATION

I, _____ hereby authorize my physician to complete the following Physician's Statement and to release this medical certificate to my employer (Burnaby School District). The guidelines of the College of Physicians and Surgeons are attached.

Employee's Signature: _____ Date: _____

PHYSICIAN'S STATEMENT - Confirmation of Reasons for *Extended* Medical Leave

1. Following examination, I certify that the above-mentioned person requires an **extended medical leave** due to:

2. This illness / injury will prevent this person from working because:

3. Treatment

- a. Has a course of treatment been prescribed for the medical condition rendering him/her unable to work his/her full assignment?

- b. If a course of treatment has been prescribed or recommended, has this person followed the prescribed or recommended course of treatment?

- c. If no course of treatment has been prescribed, has a course of treatment been recommended for this person to follow related to the medical condition rendering him/her unable to work his/her full assignment?

- d. Has this person been referred to a medical specialist?

Yes _____ No _____

4. He/she was seen by me regarding this illness/injury on _____

5. What medical follow-ups, if any, are occurring related to this illness/injury?

6. I estimate that this person will be able to return to their full assignment on _____

(If a return date is yet to be identified, please state the re-assessment date)

7. The District is prepared to explore job modifications and /or a graduated return to work. Please identify limitations (eg. functional / cognitive restrictions, hours per day) that preclude him/her from returning to work:

NAME OF ATTENDING PHYSICIAN (please print) _____

Address _____ Postal Code _____

Phone _____ Date _____

Signature _____

*The information in this report is considered confidential.
Any charge for completion of this form is the responsibility of the claimant.*

For information purposes, this is to make you aware of the availability for employees of the Employee and Family Assistance Program (EFAP). This is a confidential service. Benefits include:

- Marital and Family Problems
- Work Stress
- Psychological Disorders
- Alcohol & Drug Problems
- Bereavement
- Lifestyle Problems
- Referral for Financial & Legal Problems

COLLEGE OF PHYSICIANS & SURGEONS OF BRITISH COLUMBIA

Excerpt from Policy Manual M-2

- **Ensure that any statements which you make are, to the best of your knowledge, accurate and based upon current clinical information about the employee.**
- **For example, you should not certify that an employee has been unfit to work simply because the employee tells you so.**
- **Before giving an opinion on an employee's fitness to work, a physician should be sure that the physician has accurate information about the requirements of the employee's job.**
- **The physician should not state that the employee has been under the physician's care for any time during which the employee was not in fact the physician's patient.**
- **Physicians should ensure that they have received the employee's consent to provide information to the employer or its insurer.**
- **Physicians should take care not to disclose more information than is covered by the employee's consent or is required by the employer's request.**

For example, diagnosis and treatment information is not normally required to questions concerning fitness to work or prognosis for future attendance at work.

While reference in this article has been to forms required by a patient's employer or that employer's insurer, it is plain that the guidelines offered have just as ready application to the other sorts of forms which patients ask physicians to complete in order that patients can avail themselves of the benefits to which they may be entitled. No physician is immune from request to complete forms, and all physicians know how repetitive and tedious and time consuming this activity can be. The point is, however, that carelessness in the completion of forms can cause serious medico-legal difficulty for a physician, just as can carelessness in the management of a patient.